

## Driver's Education

By: Ayden Harris

By taking Driver's Education class, I learned the different roads and highways. I learned how to read

traffic signs, lights, pass vehicles, park, check mirrors and blind spots before signaling to change lanes. At Star, we have a driving simulator. I like it. It helps us get experience on the road while not driving on the real road. I think the driving simulator helps us a lot. I drive a regular vehicle often. I drive from Laona to Junction City. And I am always watching the road to be aware of other cars and people. I recently received my driver's license. It makes me happy that I can drive myself to different places and that I have independence.

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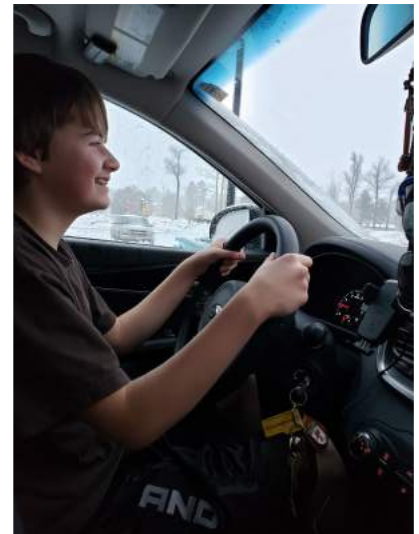
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**Reminders:** Winter Break will be from December 23, 2020 to January 1, 2021.

## Driver's Education Experience

By: Sam Walker

During driver's education, I learned how to drive safely and be responsible in a vehicle. At STAR, we have a driving simulator, I like the design of it. I really like how it looks. It has three TV's and almost looks like a car video game. The driving simulator doesn't move at all, where driving a real car does. I think the simulator helps students become more comfortable about driving. I am excited about getting my driver's license, I will feel free and open!



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**Congratulations to Ayden, Sam, John, and Cara who all recently received or will soon be receiving their driver's license!**

## Bal-A-Vis-X -- What is it?

By: Marissa Hilmer

Bal-A-Vis-X stands for **B**alance/**A**uditory/**V**ision **eX**ercises. During Bal-A-Vis-X we have used a few different materials including bean bags, colored bounce balls, and balance boards. Mrs. Dawn Pieper and Mrs. Tracee Holub teach us how to do Bal-A-Vis-X.. They are occupational therapists at Star. Bal-A-Vis-X can be done by yourself, with a group, or with a partner. I like to do Bal-A-Vis-X all the time. I think Bal-A-Vis-X is fun. I enjoy having the group activity. Doing Bal-A-Vis-X, wakes up my brain. It is good for me (and others) to participate in Bal-A-Vis-X because it makes me able to focus more.

Check out these photos of STAR students participating in Bal-A-Vis-X!



Mrs. Dawn reports that we use it in Social Communication classes to help us to learn "non-verbal" communication and to learn to listen through rhythm and timing.



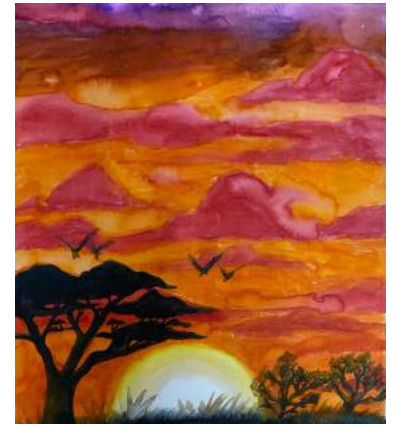
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## Independent Living & Pre-Vocational Skills learned at STAR



Students cooked breakfast at STAR. First, they took orders for staff and students. Next students cooked the orders and deliver the order to them. Once they cooked food for others, the students then cooked for themselves. Lastly, students were expected to clean the kitchen.





## Expressive Art

By: Niki Schiltz

Art allows us to learn and experience many things. While a beautiful painting or drawing is a wonderful end result, art teaches us so much more and provides us with many opportunities, other than just making pretty work. In Expressive Art, we focus on the art making process. By doing this, students have the opportunity to discover and utilize different ways to express their thoughts, ideas, emotions, and perspectives. They both employ their imaginations, and learn and utilize new techniques and materials. Art provides students with another form of communication, and allows them to communicate in new and different ways. Often, art provides a way to say things that can not be verbalized. Through art, students are given tools to develop and improve skills in creative problem solving, self-discovery and reflection, celebration of differences and individuality, and viewing and creating things from multiple perspectives. Not only does art bring to light and increase these abilities, it continues to build upon them throughout the process, and from project to project. Students work on discovering and creating more than one answer to a problem, assessing their work and making changes, addressing and working through mistakes, including personal meaning and reflection in their work, and assessing the artwork of others and themselves. For many, art provides an outlet that is relaxing and calming. Many students in Expressive Art verbalize that they feel this when they are creating in the art room at Star. In Expressive Art, students are encouraged to include personal meaning and interests in their artwork, and assignments are given in a way that emphasizes each student creating art that is meaningful to them. Students are given choices in materials and subject matter, amidst receiving lesson information for materials, techniques, and ideas. Through Star's Expressive Art class, students gain much more than the ability to create beautiful images. This is apparent in their work, as well as their discussions about both their work and their classes. The innovative and self-reflective ideas, expressions of thoughts and feelings, attention to detail, and creativity are thriving in our students.



# November Students of the Month

## Bryson Rising-Sun Doud



We are happy to have Bryson Rising-Sun Doud as our November Student of the Month. Bryson has shown so much personal growth since his first days as a Sophomore at LSSA. He has learned to use his voice, and uses it to advocate for himself and for those around him. Recently, Bryson started a work experience cleaning at a local church. Bryson's dedication to his job is evident. He makes sure to follow the schedule at work, and keeps the space nice and tidy. He is an amazing window cleaner! He notices smudges that might go unnoticed by others. He is able to follow his work schedule so well, that he no longer needs a job coach! Bryson's comfort is also growing in his sense of humor and his ability to laugh. The secretary at the church enjoys teasing Bryson a bit. They are able to joke with one another. Bryson also demonstrated excellent communication with Will, his job coach.

This open communication helped Bryson be able to function faster without a job coach. The maturity Bryson has shown this year is a great representation of the growth he has made. We are proud to have Bryson represent LSSA as our Student of the Month!

## Frank Doud-Youngbird



Frank is an exceptional student here at Lakeland STAR. Since September, he has excelled in his academics and socially. Most importantly, Frank has shown strides in advocating for himself. Frank was in the band at LDF and expressed that he would like to join the band at LUHS. He took initiative and contacted the appropriate individuals to inquire about joining LUHS band as an 8<sup>th</sup> grader. Through all of Frank's efforts, he will be joining the LUHS band starting 2<sup>nd</sup> semester!

Frank is the Student of the Month because he shows motivation to achieve the goals he sets for himself. He is kind to his peers and teachers and is passionate about being a student at STAR School. It is an honor to recognize Frank for everything he has achieved so far and what he will achieve here at Lakeland STAR!

**Congratulations to our November Students of The Month! We are proud to have you represent Lakeland Star School/Academy!**